## Wellwaveasia.com General Usage Notes

VFs (Vibrational Frequencies stickers) send information signals into the body and not chemicals. The results will vary in each person's body. It can be used everyday or on alternate days.

You can place VFs at any part of your body. We recommend placing it at the back of your neck between the shoulder blades at the top spine location.

Apply the VFs on clean and dry skin. VFs can be worn continually but if you feel uncomfortable remove them immediately before skin irritation occurs.

If symptoms of detoxification occur and become too unbearable it is important that the wearer recognizes these effects and remove the VFs. Always **drink plenty of water** while wearing VFs. Drinking water is particularly important in order to flush out toxins. If too many toxins enter the bloodstream too fast you may experience various symptoms of toxicity, which can range from mild-to-severe fatigue, headaches, sleepiness, diarrhea, post nasal drip, sore throat, minor skin breakouts, joint pain, muscle aches, foggy thinking, poor concentration, nervousness, metallic taste in the mouth and even sweating.

These symptoms normally are short lived, but can be intense and occur within minutes of applying VFs. If at any time you begin to feel unwell while wearing the VFs, take it off for at least 6 hours or for the rest of the day.

The use of VFs can initiate detoxification symptoms very rapidly for some high risk individuals (heavy smokers, people exposed to occupational chemicals and toxins for people like hairdressers, dentists, welders, painters, etc). It is important to recognize that this is a natural outcome

Please consult your healthcare professional before using should you have any concerns. If you experience skin irritations simply discontinue use. Should you experience any type of discomfort from the use of this product, discontinue use.

How to apply?
Please watch video at Wellwaveasia.com
Where to apply?
Any part of your body which is comfortable for the wearer (see above pics)

## To Avoid

Do not bring VFs near to magnets eg. phone & laptop speakers Do not expose VFs to direct sunlight Do not take **very hot** bath with VFs

The recommended periodical application of VFs (Vibrational Frequencies stickers) VFs - (GERD/Pain/Gout/ ) + Wellness

Day	Change	Day	Change	
1	24hrs	16		
2	24hrs	17		
3	48hrs	18	48hrs	
4		19		
5		20		
6	48hrs	21	48hrs	
7		22		
8		23		
9	48hrs	24	48hrs	
10		25		
11		26		
12	48hrs	27	48hrs	
13		28		
14		29		
15	48hrs	30	48hrs	

For some people they may feel energetic and unable to sleep we recommend take off 2 hours before going to sleep



Scan above QR to learn how to apply VFs

## Participate in testimony to receiver 50% cash back

Send to us on whatsapp a short video or just complete the ready made testimony google form for more info whatsapp +6 01159646965



**GERD** 



Pain



Gout

Scan QR code for google form testimony

Choose according to the VFs you purchased